

- Development of Creative Therapy Skills
- Improved Techniques in Behavioral Health
- Improved Employment for Individuals with Disabilities
- **Greater Understanding of Disabilities**
- Better Managed Care Relationships
- Improved Health and Wellness









# Idaho Partnerships Conference on **HUMAN SERVICES**

OCTOBER 5 & 6, 2016 **Boise State University BOISE, IDAHO** 

## 2016: It's time to SHAKE IT UP!

This year's conference theme, **SHAKE IT UP!** was selected to spark our imaginations and help us get out of the box and be innovative in our professional and personal lives!

We are excited that Dr. Temple Grandin will join us to kick off the 2016 conference on Wednesday October 5th! With two full days of dynamic speakers and cutting edge techniques and ideas, you will not want to miss this year's event!

#### ABOUT THE IDAHO PARTNERSHIPS CONFERENCE

This year the Idaho Partnerships Conference is organized by Community Partnerships of Idaho (CPI) and Boise State's Department of Special Education, and will take place in the Student Union Building on the BSU campus. We are excited to welcome Idaho's Health & Welfare Department as a major sponsor this year too, and want to thank all our sponsors for their support.

CPI began holding an annual conference in 1997. As the need for more extensive training grew, agencies, organizations and advocacy groups from all over the Northwest partnered with Community Partnerships of Idaho to bring top-level national speakers to the region each year. Now called the *Idaho Partnerships* Conference on Human Services, this coalition continues to serve the needs of people with disabilities and their families.

This conference guide provides a schedule of classes, session summaries, lodging details as well as registration information and a form.

Detailed session descriptions and speaker bios are available on the conference website: www.idahopchs.com.

#### STAFF REGISTRATION

Your supervisor will provide you with information on when and how to register for the conference. More information on registration and lodging for those wishing to stay overnight at the Springhill Suites by Marriott Parkcenter is on page 12.

## THANK YOU SPONSORS!

**BOISE STATE UNIVERSITY** 









ENTER ON DISABILITIES AND

Human Development





























## WEDNESDAY OCTOBER 5, 2016

9:00 - 9:30 AM

**OPENING REMARKS: Katherine Hansen and Michael Humphrey** 

Jordan Ballroom

9:30 - 11:30 AM (11:00 - 11:30 Q&A / Book Signing)

**KEYNOTE PRESENTATION: "The Way I See It" - Dr. Temple Grandin** 

Jordan Ballroom

11:45 AM - 1:00 PM

LUNCHEON: "Seeing Things As They Really Are" - Andy Fujimoto

Jordan Ballroom

SESSION 1 1:15 - 2:45 PM

**Cultivating the Spirit to Work** Denise Bissonnette

Teaching Play Skills to Young

Children with Autism Patricia Hampshire Ph.D.

**Family Rehabiliation Counseling Ethics** 

Mary Barros-Bailey Ph.D., CRC

How to Use Structured Social **Skills Groups** 

Steve Becker M.Ed, Ph.D., B.A.

Diagnosis: Now What?

Angela Lindig and Mike Berlin

Person Centered Planning - Pt 1

Jeff Garrison Tate M.Ed

PRESTIGE: Promoting Resilience **Enhancing Strengths through Individual and Group Efforts** 

Amanda DeYoung M.A., BCBA and-Guadalupe Ayala M.A.

Strategic Thinking for Leaders

Paul Dziedzec

Addressing Social Determinants of **Health and Community Resources** 

in a Health Care Delivery System Rhonda Robinson-Beale M.D.

#### **SESSION 2** 3:00 - 4:30 PM

**Technology Ethics/Social** Media

Mary Barros-Bailey Ph.D.

Fluency: The Missing Piece Jenna Hix M.Ed., BCBA

Friendships and Dating For Individuals with ID/DD and Youth with SED

Julie Atkinson, M.S.

The Art of Affirmative Life **Planning** 

Charlene Quade JD

Clinical Methods for Clients with Dual Diagnosis

Steve Becker Ph.D.

The Positive Impact of Music Therapy

Samantha Foote and Tanith Brown

Person Centered Planning- Pt 2 Jeff Garrison Tate M.Ed.

Planning For a Healthy Transition

Angela Lindig and Jennifer Zielinski

### "DIFFERENT... **NOT LESS**"

- Dr. Temple Grandin



Dr. Temple Grandin gets to the REAL issues of autism, the ones parents, teachers, and individuals on the spectrum face every day. Temple offers helpful dos and don'ts, practical strategies, and try-it-now tips, all based on her insider perspective and a great deal of research.

Dr. Temple Grandin is a world-renowned advocate for persons with autism, professor of animal science at Colorado State University, consultant to the livestock industry, and author and the subject of an Emmy Award winning 2010 HBO movie starring actress Claire Danes.

## THURSDAY OCTOBER 6, 2016

8:45 - 10:15 AM

**KEYNOTE:** "Rekindle the Flame, Re-Igniting Purpose & Passion - Denise Bissonette *Jordan Ballroom* 

SESSION 1				
10:30	AM -	12:00	РМ	

## Beyond Traditional Job Development

Denise Bissonnette

Postsecondary Education for Students with Intellectual and Developmental Disabilities: What does that look like?

Jeremy Ford Ph.D.

# The Emerging Roles and Expectations of the Direct Support Workforce

Joseph Macbeth

# Engaging and Working with the Hard to Reach Client

Lawrence Shulman M.S.W., Ed.D.

## Parenting Children with Health Issues

Foster Cline M.D.

## Legal and Financial Planning for Seniors 65 & Older

Donna Schuyler JD

# Activity Schedules: Helping Children with DD Structure Their Time

Nancy Rosenberg Ph.D., BCBA-D

## Motivational interviewing for Supervisors

Craig Anderson LCSW

#### 12:15 - 1:30 PM Commitment to Community

Luncheon

Jordan Ballroom

#### SESSION 2 1:45 - 3:15 PM

#### Essentials of Effective Employer Engagement

Denise Bissonnette

#### Google it Up! Using Google Drive for Data Collection & Progress Monitoring

Lisa Beymer M.Ed., Ed.D.

#### The NADSP Code of Ethics Encounter

Joesph Macbeth

## The Beginning and Middle Phases of Group Work Practice

Lawrence Shulman M.S.W., Ed.D.

## Respite: Temporary Relief for Caregivers Across the Lifespan

Pam Catt-Oliason

# Harnessing the Power of Children's Dreams through Sandtray Therapy

Karrie Swan Ph.D.

#### It's My Life and My Behavior! Self-Manage Behavior PART 1

Nancy Rosenberg, Ph.D., BCBA-D

#### Access in Idaho

Courtney Keith, Charles Beal, Heidi Smith

#### SESSION 3 3:30 - 5:00 PM

## **Supporting Informed Decision Making**

Joseph Macbeth

## The Dynamics and Skills of Supervision

Lawrence Shulman M.S.W., Ed.D.

#### Powerful Tools for Caregivers

Kelle Sweeney, Charlie Sety, Patty Larson, Rebekah Forster-Casey

## Early Intervention Evidence Based Practices

Christy Cronheim M.Ed. & Brian Shakespeare

## Fundamentals of Using Child-Centered Play Therapy

Karrie Swan Ph.D.

#### **De-Escalation and Safety**

Penelope Hanson M.A.

## It's My Life and My Behavior! Self-Manage Behavior PART 2

Dr. Nancy Rosenberg

## How Can a Team Achieve Success?

Paul Dziedzec

## Wednesday October 5, 2016

## 9:30 - 11:30 AM Keynote Presentation

#### SPEAKER: TEMPLE GRANDIN, Ph.D.

Dr. Grandin didn't talk until she was three and a half years old, communicating her frustration instead by screaming, peeping, and humming. In 1950, she was diagnosed with autism and her parents were told she should be institutionalized. She tells her story of "groping her way from the far side of darkness" in her book Emergence: Labeled Autistic, a book which stunned the world because, until its publication, most professionals and parents assumed that an autism diagnosis was virtually a death sentence to achievement or productivity in life.

Even though she was considered "weird" in her young school years, she eventually found a mentor, who recognized her interests and abilities. Dr. Grandin later developed her talents into a successful career as a livestock-handling equipment designer, one of very few in the world. She has now designed the facilities in which half the cattle are handled in the United States, consulting for firms such as Burger King, McDonald's, Swift, and others.

Temple Grandin, Ph.D., is now the most accomplished and well-known adult with autism in the world. Her fascinating life, with all its challenges and successes has been brought to the screen. She has been featured on NPR (National Public Radio), major television programs, such as the BBC special "The Woman Who Thinks Like a Cow", ABC's Primetime Live, The Today Show, Larry King Live, 48 Hoursand 20/20, and has been written about in many national publications, such as Time magazine, Peoplemagazine, Forbes, U.S. News and World Report, and New York Times.. Among numerous other recognitions by media, Bravo Cable did a half-hour show on her life, and she was featured in the best-selling book, Anthropologist from Mars.

Dr. Grandin presently works as a Professor of Animal Science at Colorado State University. She also speaks around the world on both autism and cattle handling. Dr. Grandin's current bestselling book on autism is *The Way I See It: A Personal Look at Autism and Asperger's*. She also authored *Unwritten Rules of Social Relationships, Animals Make us Human, Animals in Translation, Thinking in Pictures, Emergence: Labeled Autistic* and produced several DVDs. All books and DVDs available through Future Horizons.

Dr. Grandin will speak from 9:30 - 11:00 AM and be available to sign books from 11:00 - 11:30 AM.

CEU CREDITS: 1.5 INTENDED AUDIENCE: All

# 11:45-1:00PM Luncheon: "Seeing Things As They Really Are" SPEAKER: ANDY FUGIMOTO

Andy has been instrumental in forging AmeriBen/IEC Group into one of the most widely respected group benefits third party administration and human resource consulting firms in the nation.

As a principal of the AmeriBen/IEC Group, Andy has extensive experience as a business executive and consultant. He joined the organization in May of 1986 as a Human Resource Consultant. He possesses a clear understanding of the implications of effective human resources management and its impact on an organization's bottom line.

Andy earned his Bachelor's degree, Magna Cum Laude, in Business Administration from Linfield College in McMinnville, Oregon. He currently serves on the Board and is the Compensation Committee Chair for Mutual of Enumclaw; serves as a board member for Big Brothers Big Sisters of Southwest Idaho; serves on the Executive Committee for the Ore-Idaho Council of the Boy Scouts of America; and is a board member for the Society of Professional Benefit Administrators based in Washington, D.C.

CEU CREDITS: 1.25 INTENDED AUDIENCE: All

#### SESSION 1 1:15 - 2:45 pm SESSION DESCRIPTIONS

#### Cultivating the Spirit to Work: Assisting People through Change and Transition

Presenter: Denise Bissonette

Regarded as a "classic" in the realm of career counseling and coaching circles, this unique and inspiring workshop offers an elegantly simple framework for understanding the critical and often elusive issues of motivation and self-esteem. Based on her compelling model of the human spirit, Denise lays out ideas and tools, equally compelling and practical, for strengthening courage, affirming belief and fostering hope in those who feel lost, discouraged, or overwhelmed in the midst of change and transition. More importantly, Denise uses this workshop to suggest a fresh, innovative, and highly effective way of working with and engaging individuals in their own process of change and transition – urging people to put less stock in "systems" and encouraging them to put more stock in the resilience of their own spirit! *CEU CREDITS: 1.5 INTENDED AUDIENCE: Counselors, Supervisors, Developmental Staff, Parents* 

#### Wednesday October 5, 2016

#### SESSION 1 1:15 - 2:45 pm SESSION DESCRIPTIONS CONTINUED

#### Teaching Play Skills to Young Children with Autism Using Visually Structured Tasks

Presenter: Patricia Hampshire, Ph.D.

Participants will learn: the importance of directly teaching play skills to young children with autism; how to visually structure play materials; the process for teaching play skills using prompting strategies; how to identify reinforcing and developmentally appropriate materials; and how to expand on play behaviors and program for generalization of skills. *CEU CREDITS: 1.5*INTENDED AUDIENCE: Habilitative Support and Intervention Staff, Teachers, Childcare Providers, Parents

#### Family Rehabilitation Counseling Ethics

Mary Barros-Bailey Ph.D., CRC

Ethics in working with families has received little attention in the rehabilitation counseling literature and practice. For example, who is the client when the whole family is involved? This presentation offers operational definitions and insights as to the treatment of ethics in a family context, as well as considerations in ethical decision-making when a family is involved. *CEU CREDITS: 1.5*INTENDED AUDIENCE: Counselors, Developmental Staff, Parents

#### How to Use Structured Social Skills Groups

Steve Becker, M.Ed., Ph.D., B.A.

Participants will learn to: be able to describe the purposes of running social skills groups; use a social skills curriculum to be able to set up and structure groups and use at least 10 specific instructional methods in groups. CEU CREDITS: 1.5

INTENDED AUDIENCE: Developmental Staff, Teachers, CBRS Staff, HI Staff

#### Diagnosis: Now What?

Angela Lindig and Mike Berlin

Everyone who is faced with a diagnosis of any sort, either for themselves or a loved one, will ask the question, "Now What?" And, new "now what's?" can happen again and again throughout our lives. Therefore, planning for the next "now what?" is as important as the first. This highly interactive presentation will include a panel of individuals who will share experiences, insights, and lessons learned in their personal journeys. It will also give audience members the opportunity to develop new strategies in planning for the future.

CEU CREDITS: 1.5 INTENDED AUDIENCE: Parents, Caregivers

## PRESTIGE: Promoting Resilience Enhancing Strengths Through Individual and Group Efforts Amanda DeYoung M.A., BCBA and Guadalupe Ayala M.A.

Aggression is one of the leading factors for individuals with developmental disabilities that contribute to institutional level placements. PRESTIGE focuses not only on behaviors but underlining issues through individual and group therapy. The Department of Health and Welfare Developmental Disability Crisis Prevention and Court Services team is implementing this pilot project to maintain their mission of maintaining individuals with developmental disabilities in the least restrictive environment. *CEU CREDITS: 1.5 INTENDED AUDIENCE:Developmental Professionals, Administrators, Program Directors, Advocacy Groups* 

#### Person Centered Outcome Statements - Part 1

Jeff Garrison-Tate M.Ed

This 3 hour presentation will provide participants with an overview of Person Centered Practices and how to apply Person Centered Thinking Skills to develop meaningful outcomes. Learners will practice how the process of discovery of what is important to and for a person is the basis of developing outcomes centered on how the person chooses to live their life. Participants will also understand how to develop meaningful, action driven goals that are directly connected to supporting the person to actualize their outcomes CEU CREDITS: 1.5 INTENDED AUDIENCE: Certified Family Home Providers, Supported Living Staff, Parents, Self Advocates, Adult Developmental Staff, Caregivers

#### Strategic Thinking For Leaders

Paul Dziedzec

Who makes decisions that affect your ability to get things done... and why do they do the things they do? Paul will lead a strategic thinking exercise, helping you know your landscape of interests and how it affects your ability to move things forward.

CEU CREDITS: 1.5 INTENDED AUDIENCE: Developmental Professionals, Administrators, Program Directors, Advocacy Groups

## Addressing Social Determinants of Health and Community Resources in a Health Care Delivery System

Rhonda Robinson-Beale MD

Factors beyond medical treatments have an impact on illness recovery rates and functionality levels. This session examines the issues and known challenges incorporating community resources into the delivery system to positively impact social health determinants. *CEU CREDITS: 1.5 INTENDED AUDIENCE: Administrators, Advocates, Behavioral Health Organizations* 

#### Wednesday October 5, 2016

#### SESSION 2 3:00 - 4:30 PM SESSION DESCRIPTIONS

#### Technology and Social Media Ethics

Mary Barros-Bailey Ph.D.

Standards for technology ethics entered the rehabilitation counseling ethical codes in 2002 — two years before Facebook made its debut. The presentation focuses on the issues — and potential resolutions — to the use of technology and social media and focuses on the guidelines proffered in recent developments in professional ethical codes. *CEU CREDITS*: 1.5

INTENDED AUDIENCE: Counselors, Developmental Staff, Parents

#### Fluency: The Missing Piece

Jenna Hix M.Ed., BCBA

Skill acquisition, maintenance, and generalization are all within the repertoire of most practitioners and teachers working with individuals with developmental disabilities. Fluency, which focuses on increasing the rate of a skill in order to become automatic, is an important stage of learning that is almost always overlooked during the initial creation of programming. This presentation will dive into the significance of fluency and strategies for teaching at this critical stage of learning including information about fluency-based instruction. CEU CREDITS:1.5 INTENDED AUDIENCE: Children's Developmental Staff, Teachers, Parents

## Friendships and Dating For Individuals with ID/DD and Youth with SED Julie Atkinson, M.S.

Meaningful relationships are important in the lives of individuals with ID/DD and youth with SED. This session presents information on an innovative evidence-based intervention designed to teach social skills necessary to develop healthy, meaningful relationships and to prevent violence in relationships for individuals with ID/DD and youth with SED. *CEU CREDITS: 1.5*INTENDED AUDIENCE: Developmental Staff, Parents, Teachers

#### The Art of Affirmative Life Planning

Charlene Quade, JD

This highly energetic and interactive presentation will provide a comprehensive overview of the planning considerations necessary to ensure the quality of life of a loved one with special needs from youth throughout their lifetime. Attendees will explore the array of issues and considerations unique to assisting persons with special needs in sustaining a quality of life by design to include education, training, care, supports, and resources throughout their lifetime. CEU CREDITS:1.5 INTENDED AUDIENCE: Parents, Caregivers, Certified Family Home Providers

## Clinical Methods for Clients with Dual Diagnosis Steve Becker Ph.D.

This workshop is designed for counselors, therapists, case managers, and other professionals who provide direct treatment to persons with dual diagnoses of both a developmental disability and a mental health problem. Topics will include definitions, characteristics, differential diagnosis, establishing priorities, and developing effective treatment plans. CEU CREDITS:1.5

INTENDED AUDIENCE: Counselors, Therapists, Case Managers, Developmental Staff

#### The Positive Impact of Music Therapy

Samantha Foote and Tanith Brown

The objective of this presentation is to learn how using music therapy and other creative arts can increase progress in social skills,

positive behavior, communication, and emotional regulation when used in conjunction with habilitative intervention and/or supports. *CEU CREDITS: 1.5* 

INTENDED AUDIENCE: Developmental Staff, Parents, CBRS Staff

#### Person Centered Outcome Statements-Part 2

[See description under Part 1 1:15 - 2:45 pm session]
Jeff Garrison-Tate M.Ed

#### Planning for a Healthy Transition

Angela Lindig and Jennifer Zielinski

This workshop helps parents and youth prepare for the transition to adulthood with a goal of independent healthcare management. Toics addressed include the transition process, the importance of self-advocacy skills, and specific information on all areas of health. Discussion includes managing oral care, visual and hearing health, mental health and well-being, relationships, and even managing prescriptions, assistive technology, durable medical equipment and more. CEU CREDITS: 1.5 INTENDED AUDIENCE: Parents, Youth, Developmental Staff, Teachers

# Speaker Biographies and Detailed Course Descriptions Online

Click on the Schedule tab to view links to each session description and speaker biography on the conference website!

www.idahopchs.com/ schedule

# 8:45 - 10:15 AM KEYNOTE PRESENTATION: Rekindle the Flame Renewing Purpose and Passion in Work DENISE BISSONNETTE

Designed to re-ignite the power, passion and purpose which originally drew people to their work, this keynote presentation intertwines poetry, parables, and practical applications to put soul back into the everyday realities of life on the job. With warmth, humility and humor, Denise delivers ideas and insights from the world's great wisdom traditions in a way that is easy to understand, process, and apply to the 21st century workplace. Based on ten key lines of inquiry drawn from her book The Wholehearted Journey, Denise offers her audience a unique opportunity to view work in general and their jobs in particular in a fresh light. Through a variety of engaging exercises, attendees will gain clarity and awareness of their values, motives and purposes, reframe challenges as teachers, and redefine their wealth. It is said that the coal that has been an ember is easily kindled. This keynote provides the gentle but deliberate breath to rekindle the fire that originally brought people to the important work they are doing.

Denise Bissonnette is an internationally renowned writer, trainer, and keynote speaker. She has inspired people and organizations throughout North America to look beyond traditional concepts of job development and to craft livelihoods rooted in the individual genius of each person. She has authored several publications on creative job development, state of the art job search techniques, the cultivation of the human spirit, and how to "shine" on the job. Her book Beyond Traditional Job Development: The Art of Creating Opportunity is considered the definitive text in employment programs and university classrooms throughout North America. In her unique and characteristic style, Denise brings together her talents as poet, writer, storyteller, teacher and career developer.

CEU CREDITS: 1.5 INTENDED AUDIENCE: Everyone

#### SESSION 1 10:30 AM - 12:00 PM SESSION DESCRIPTIONS

#### **Beyond Traditional Job Development**

#### Denise Bissonette

Considered a cornerstone of her work in the employment field, this highly acclaimed, one-of-a-kind, presentation offers a practical, innovative and proactive approach to job development, challenging the employment professional to look beyond traditional methods in assisting individuals with barriers to employment to bring their gifts to the world of work. Equipping participants with the eyes and mind of the "entrepreneurial job developer", Denise introduces six compelling questions with which to view the business world and to uncover the hidden opportunities in their local communities. Chockfull of real-life examples, this workshop serves to expand and redefine the meaning of true job development and to empower people with the tools and thinking to practice the art of job creation! CEU CREDITS: 1.5 INTENDED AUDIENCE: Employment Professionals

## Post Secondary Education for Students with IDD: What Does It Look Like? Jeremy Ford Ph.D.

Opportunities for students with intellectual and developmental disabilities (IDDs) to attend postsecondary education programs are increasing (Grigal & Hart, 2010). Such students often have unique academic needs compared to their peers without IDDs, in particular a need for basic academic skill instruction. Research (e.g., Hua et al., 2014, Woods-Groves et al., 2012) has demonstrated postsecondary students with IDD can increase their academic skills when provided appropriate instruction. In addition, research has also provided evidence that the tools (i.e., curriculum-based measurement; Hosp et al., 2007) used to measure K-12 students' academic progress can be used with this population as well (see Hosp et al., 2014).

Participants will learn about: (a) different postsecondary options available for students with IDD, (b) the developing research base related to increasing the academic skills of postsecondary students with IDD, and (c) how tools used commonly to measure K-12 students' academic skills can be applied to the instructional decision-making process in postsecondary education settings for students with IDD.

CEU CREDITS: 1.5 INTENDED AUDIENCE: Parents, Self Advocates, Teachers, Transition Coordinators

## The Emerging Roles & Expectations of the Direct Support Workforce Joseph Macbeth

This presentation offers a chance to reflect on the evolving role and expectations of Direct Support Professionals. Many of these changes are driven by the Centers for Medicare & Medicaid Services (CMS) and its Federal Home and Community-Based Services Community Rule. This is a radical departure from which we are accustomed and will ultimately create an emphasis on 'personal autonomy', greater access to 'integrated settings' and helping people to make 'informed choices'. The focus of this session addresses one important piece of the CMS Rule; how do we support people with disabilities to make informed decisions? What are the direct support professional's role in this process?

#### Thurs. 10/6: SESSION 1 10:30 AM - 12:00 PM SESSION DESCRIPTIONS continued

What are the workforce demographics and projections to fulfill these expectations? Do direct support professionals currently possess the tools, resources and skills to uphold this responsibility? CEU CREDITS:1.5 INTENDED AUDIENCE: Administrators, Program Directors, Advocacy Groups, Certified Family Home Providers, Supported Living Staff

#### **Engaging & Working with the Hard to Reach Client**

Lawrence Shulman M.S.W., Ed.D.

In this workshop, participants will consider the dynamics and skills of engaging and working with hard-to-reach individuals, families, and groups. The client will be described as facing a "first decision" – whether or not to accept the need for help and to accept the worker. Discussion will include: dealing with denial in the beginning phase of work; confronting authority issues with mandatory clients (or semi-voluntary clients); creating conditions of trust and safety which allow clients to lower their defenses; challenging the "illusion of work"; understanding resistance and responding to it constructively; dealing with taboo subjects such as physical and substance abuse, sex, death and violence. *CEU CREDITS:1.5 INTENDED AUDIENCE: Counselors, Therapists, Case Managers, Care Coordinators, Supervisors* 

#### Parenting Children with Health Issues

Foster Cline M.D.

This session will cover: preventing ill children from becoming demanding and entitled and interacting with children to increase their sense of responsibility, increase compliance and adherence to medical regimens. Dr. Cline will also address looking at important and essential differences between: sympathy vs empathy; rescue vs problem solving; consequences vs punishment; acceptance vs. approval and praise vs. encouragement. Included will be a discussion of how showing frustration draws misbehavior, the effect of differing parenting styles on compliance and examples of the generally unrecognized power of expectation. *CEU CREDITS:1.5*INTENDED AUDIENCE: Parents, Healthcare Providers

## Legal and Financial Planning for Persons who are Age 65 and Older Donna Schuyler JD

Family members and care providers face many challenges when caring for older adults. With pro-active legal and financial planning, their job can be made easier. This presentation will focus on planning for adults aged 65 and older and will cover legal planning, financial planning for long term care costs, important considerations that impact communication and communication strategies.

CEU CREDITS: 1.5 INTENDED AUDIENCE: Caregivers, Certified Family Home Providers, Advocacy Groups

## Activity Schedules: Helping Children with Developmental Disabilities Structure Their Time Nancy Rosenberg Ph.D., BCBA-D

Do you have students or clients who show high levels of disengagement during unstructured times, such as recess, free choice time, independent work time, or free periods? Students who primarily wander, engage in repetitive behaviors, or seek attention through inappropriate means during unstructured times? Students who have difficulty sequencing a series of activities or steps within an activity? This workshop will introduce the many forms that an activity schedule can take, how to teach an activity schedule, and how to trou-

bleshoot possible issues that may arise. CEU CRED-

ITS:1.5 INTENDED

AUDIENCE: Children's Developmental Staff, Parents, Teachers

#### Motivational Interviewing for Supervisors Craig Anderson LCSW

This workshop will focus on how managers and supervisors can utilize the principles of Motivational Interviewing to increase staff enthusiasm and motivation in the work place. It demonstrates how managers and supervisors can develop positive working relationships with their staff to go beyond office drama to build a more effective team. *CEU CREDITS:1.5* 

INTENDED AUDIENCE: Managers, Supervisors, Human Resource Staff



Deadline for nominations: August 15. Awards will be presented during the Thursday luncheon at conference.



#### 12:15 - 1:30 PM <u>AWARDS PRESENTATION LUNCHEON</u>

#### SESSION 2 1:45 - 3:15 PM SESSION DESCRIPTIONS

#### **Essentials of Effective Employer Engagement**

#### Denise Bissonnette

With hard-won experience to back her ideas, Denise offers frank, no-nonsense advice on how to open doors to employers, initiate and keep their interest, and develop mutually beneficial partnerships! Denise presents what she considers to be the "quintessential strategies" for communicating, marketing, and partnering with people in large and small business with the intent to bring them on board in working with our agencies and schools in a variety of ways. Most importantly, she also offers ways to uncover and resolve employer concerns about hiring individuals with disabilities and/or other barriers. *CEU CREDITS:1.5 INTENDED AUDIENCE:*Employment Professionals

#### Google It Up

Lisa Beymer M.Ed., Ed.D.

The objective of this presentation is to provide attendees with useful, streamlined, and collaborative methods of data collection for academic, social, and behavioral supports using free resources through Google Drive tools. *CEU CREDITS:1.5 INTENDED AUDIENCE: Administrative Staff, Administrators* 

#### The NADSP Code of Ethics Encounter

#### Joseph Macbeth

Joe Macbeth, Executive Director of the National Alliance for Direct Support Professionals (NADSP) will share real examples culled from decades of practicing in the field of intellectual disabilities in a role play, unlike any other. In learning about ethical responsibilities, Joe will act out some real dilemmas and ethical decisions that confront direct support professionals on the job every day. Using the NADSP's Code of Ethics, participants will consider ways that ethical practices can be incorporated into daily practice. The beliefs and attitudes that are associated with being an effective human service professional are critical to understanding this Code – it is not the handbook of the profession, but rather a roadmap to assist us in staying the course of securing freedom, justice, and equality for all. *CEU CREDITS:1.5 INTENDED AUDIENCE: Direct Support Professionals* 

#### The Beginning and Middle Phases of Group Work Practice

Lawrence Shulman M.S.W., Ed.D.

The focus of this workshop will be on understanding the core dynamics and identifying the skills required to lead mutual aid support groups. Examples presented by the instructor and those shared by participants will be used to illustrate how to apply this understanding to a range of settings (e.g., hospitals, drug treatment agencies, schools, residential settings, child welfare) and with a range of populations and problems. Discussion will include how to integrate elements from Evidenced-Based Practice (e.g., motivational interviewing, solution focused practice, cognitive behavioral) in a non-prescriptive manner so that the group leaders "art" is enhanced and not restricted by the science.

Discussion will include the ways in which group members' ambivalence can lead to the illusion of work (e.g., passive resistance, intellectualizing, and avoidance). A model for understanding and working with resistance as a part of the work will be presented and illustrated. The group leader's role in working with the "system" to develop and maintain quality practice guidelines will also be examined. CEU CREDITS: 1.5 INTENDED AUDIENCE: Counselors, Therapists, Case Managers, Care Coordinators, Supervisors, Managers

#### Respite: Temporary Relief for Caregivers Across the Lifespan

#### Pam Catt-Oliason

Caregivers need a break! Respite is important if you want to continue being healthy while you are the primary caregiver for another person or persons. Current resources for respite, the eligibility requirements, and costs will be shared by a panel of experts. Resource ideas for complex caregiving situations (i.e. rural caregivers, don't qualify for publicly funded programs) will be explored. Goals of this session include learning about: health benefits of respite; publically funded and private resources for respite and eligibility requirements; practical methods of respite for complex situations; and practical methods of respite when resources are few.

CEU CREDITS: 1.5 INTENDED AUDIENCE: Caregivers

#### Thurs. 10/6: SESSION 2 1:45 - 3:15 PM SESSION DESCRIPTIONS continued

## Harnessing the Power of Children's Dreams through Sandtray Therapy Karrie Swan Ph.D.

Do you have students or clients who show high levels of disengagement during unstructured times, such as recess, free choice time, independent work time, or free periods? Students who primarily wander, engage in repetitive behaviors, or seek attention through inappropriate means during unstructured times? Students who have difficulty sequencing a series of activities or steps within an activity? Activity schedules can be an ideal way to help persons with developmental disabilities with these issues. This workshop will introduce the many forms that an activity schedule can take, how to teach an activity schedule, and how to troubleshoot possible issues that may arise. *CEU CREDITS:1.5 INTENDED AUDIENCE: Counselors, Therapists, Parents* 

## It's My Life and My Behavior! Teaching Students with Developmental Disabilities to Self-Manage their Own Behavior - Part 1

#### Nancy Rosenberg Ph.D., BCBA-D

In this workshop, participants will consider the dynamics and skills of engaging and working with hard-to-reach individuals, families, and groups. The client will be described as facing a "first decision" – whether or not to accept the need for help and to accept the worker. Discussion will include: dealing with denial in the beginning phase of work; confronting authority issues with mandatory clients (or semi-voluntary clients); creating conditions of trust and safety which allow clients to lower their defenses; challenging the "illusion of work"; understanding resistance and responding to it constructively; dealing with taboo subjects such as physical and substance abuse, sex, death and violence.

Attention will be paid to issues involved in working inter-culturally and intra-culturally. Core skills to facilitate dealing with these practice issues will be identified. The skills include: "tuning in," contracting, elaborating, empathizing, sharing one's own feelings, providing data, and making a demand for work. A premium will be placed upon honesty in relating to clients, the genuineness of the worker's empathy, the worker's capacity to integrate the personal and professional self, and the importance of confrontation and demand.

CEU CREDITS: 1.5 INTENDED AUDIENCE: Children's Developmental Staff, Parents, Teachers

#### Access in Idaho

#### Courtney Keith LMSW, Charles Beal, Heidi Smith

Presenters will give the audience an overview of Health and Human Services in Idaho. The audience will have real life tools to use in learning how to access resources for themselves and their loved ones. *CEU CREDITS:1.5 INTENDED AUDIENCE: Caregivers, Parents, Care Managers, Administrators* 

#### Thurs. 10/6: SESSION 3 3:30 - 5:00 PM SESSION DESCRIPTIONS

#### Supporting Informed Decision Making: An Introduction

#### Joseph Macbeth

Designed for organizational trainers, supervisors and managers to use in training with direct support professionals, this introduction teaches the importance of supporting informed decision making by the people with intellectual and developmental disabilities that they support. Participants will develop an understanding of why supporting people with disabilities to make their own choices is important, for participants to demonstrate an awareness of how their attitudes and values toward choice can enhance or suppress the decision making capacity of those they support, and for participants to build the skills needed to support decision making in a manner that balances choice and risk. CEU CREDITS: 1.5 INTENDED AUDIENCE: Trainers, Supervisors, Managers

## The Dynamics and Skills of Supervision: The Parallel Process and the Interactional Model Lawrence Shulman M.S.W., Ed.D.

The focus of this workshop will be on method – what the supervisor does in interaction with staff. The four phases of work (preliminary, beginning, work, and ending/transitions) will be used to organize the discussion. Essential skills in communication, relationship, and group leadership will be described and illustrated, and participants will share their own experiences. Issues to be raised may include contracting with staff members as a new supervisor promoted from within, or contracting with new staff member, supervising defensive staff members, staff apathy and resistance to change, the supervisor's role as teacher, helping staff to develop skills for professional impact dealing with other staff, and addressing staff primary and secondary trauma. A parallel process will be identified in that the way supervisors deal with staff will be viewed as modeling for staff how to relate to clients. The idea that more is "caught" than "taught" will be central. The workshop will also address supervision of Evidenced-Based Practice (e.g., MI, SFP and CBT) in an integrative rather than prescriptive manner so as to increase E.B.P. sustainability in the setting. *CEU CREDITS:1.5* 

#### Thurs. 10/6: SESSION 3 3:30 - 5:00 PM SESSION DESCRIPTIONS continued

#### **Powerful Tools for Caregivers Panel**

#### Kelley Sweeney, Charlie Sety, Patty Larson, Rebekah Forster-Casey

Powerful Tools for Caregivers is an evidence-based 6-part educational program developed to provide family caregivers with tools to increase their self-care, reduce personal stress, communicate effectively, and navigate the difficult emotions often associated with caregiving. In 2016, the curriculum was expanded to include caregivers of children with special needs. During this 90 minute presentation, participants will learn: about the six part program caregive program and how to participate in it; how to identify signs and sources of stress; and how to manage/reduce it. *CEU CREDITS:1.5 INTENDED AUDIENCE: Caregivers* 

#### **Early Intervention Evidence Based Practices**

#### Christy Cronheim M.Ed. & Brian Shakespeare

This session will be an overview of the Infant Toddler Program and Idaho Sound Beginnings, Idaho's Early Hearing Detection and Intervention Program and evidence-based practices used by each program. *CEU CREDITS:1.5 INTENDED AUDIENCE: Parents, Administrators, Advocacy Groups* 

#### The Fundamentals of Using Child-Centered Play Therapy

#### Karrie Swan Ph.D.

Child-Centered Play Therapy (CCPT) is one of the most effective and frequently used forms of play therapy. With its strong evidence base and wide applicability, it is one of the most developmentally-relevant forms of therapeutic intervention for children. Through this creative expression, children develop control and mastery over their world and experiences and learn to rely on their own internal locus of evaluation. Attendees in this workshop will learn the fundamentals of CCPT: rational, goals, playroom setup, play themes, and special issues in CCPT practice. *CEU CREDITS:1.5 INTENDED AUDIENCE: Counselors, Therapists, Children's Developmental Staff, Parent* 

#### De-escalation & Safety: Working with Behavioral Health Clients

#### Penelope Hansen, M.A.

This presentation is designed to teach you to recognize and predict potential abuse & violence prior to it occurring and then learn the skills to de-escalate a crisis, work as a team and keep yourself safe in the workplace and in the community. CEU CREDITS:1.5

INTENDED AUDIENCE: Behavioral Health Staff, Safety Officers, Administrators, Home Visit Staff

## It's My Life and My Behavior! Teaching Students with Developmental Disabilities to Self-Manage their Own Behavior - Part 2 (see description under Session 2)

Nancy Rosenberg Ph.D., BCBA-D. CEU CREDITS: 1.5 INTENDED AUDIENCE: Children's Developmental Staff, Parents, Teachers

#### **How Can a Team Achieve Success?**

#### Paul Dziedzec

In this session Paul will focus on two key elements in achieving team success: be clear on what success is and stay focused on succeeding together. Paul specializes in facilitation, strategic consulting and leadershipship development through the Center for Continuing Education in Rehabilitation (CCER) at the University of Washington and as a consultant, providing leadership training to over 400 rehabilitation leaders and others in the Northwest and Mountain states. *CEU CREDITS:1.5 INTENDED AUDIENCE: Supervisors, Managers, Team Leads* 

## REGISTRATION

## Check with your supervisor for your department deadline!

Community Partnerships of Idaho is excited to shake things up this year as we move to Boise State University's Student Union building after outgrowing The Riverside Hotel last year. With free parking in the garage across the street from the conference venue, larger meeting rooms and a lovely hotel only 2 miles away for those who need to stay overnight, we hope that you enjoy the new site too.

As the conference organizer, Community Partnerships of Idaho and CPI Care Plus are able to offer incredible conference rates to our staff. In order to ensure that sessions are scheduled in meeting rooms that will accommodate the number of attendees, the correct number of meals are ordered and enough materials printed, we require our staff to register in advance.

#### **HOW TO REGISTER**

Depending on the instructions given to you by your supervisor, you will either be given a link to enter your registration online directly, or a CPI staff registration form to fill out and turn in by a certain date. Please beware that what and how you enter information is how your information will appear on your nametag and registration materials. Be sure to enter your name as you want it printed and your full job title. Please use proper punctuation. Our conference worker bees appreciate it!

#### EMPLOYEE APPRECIATION BANQUET

This year's annual banquet will take place Wednesday, October 5th from 5:30 - 9 PM in the Jordan Ballroom in the Boise State Student Union Building. There is no cost for CPI and CPICP employees to attend, however you do need to sign up in advance to attend. You are welcome to bring a guest. Guest tickets: \$25.

## LODGING

#### SPRINGHILL SUITES BY MARRIOTT BOISE -PARKCENTER

424 E Parkcenter Blvd Boise 83704

Group room rate in effect 10/4/16

- 10/6/16.

Group rate: \$99/room/night.

Directors will provide a rooming list of all out of town employees whose lodging is covered by CPI and CPI CP to Bibiana Nertney by August 31st. Other staff are welcome to book a room at your own expense.

#### RESERVATIONS: 1-208-342-1044

Be sure to mention you are with the Idaho Partnerships Conference on Human Services to get the group rate.

BOOK YOUR ROOM BY SEPT. 13TH FOR GROUP RATE!

#### ABOUT THE SPRINGHILL SUITES

SPRINGHILL SUITES PARKCENTER is located about

1.5 miles from the Boise State University Campus. Renovated in 2015, the hotel offers a separate living area with pull-out



sofa in each standard room. Free WiFi, iPod docks and flat-screen TVs with premium cable channels.Kitchenettes include coffeemakers, minifridges and microwaves. Freebies include a hot buffet breakfast, parking and an airport shuttle service.There's also an outdoor pool, a hot tub and a fitness center, convenience store, business center and laundry service.

**DIRECTIONS:** From I-84, take Broadway Exit (Exit 54), north on Broadway about 3 miles to to Parkcenter. turn right on Beacon, continue to light. Turn right onto ParkCenter Blvd, follow it for about 2 miles, SpringHill Suites by Marriott will be on the left side of the street.



La	CPI Employee Registration Form-2016			
Slugh	First Name:	Last Name:		
Ashs Libi	Title:	Dept:		
	Supervisor:	Office Location:		
Employee Reduced Rate	☐ 1-Day = \$20 ☐ 2-Day = \$3			
I Require Free Parking	☐ Yes ☐ No	= \$		
Staff Recognition Banqu	et-Wednesday, October 5th			
Yes, I am attending th	e banquetNo, I am	not attending the banquet		
# of additional guests	@ \$25/guest	= \$_		
☐ Check for total amount due is attached. ☐ Please deduct total amount from my Oct. 20th paycheck I authorize the above expenses to be deducted from my Oct. 20th paycheck:		"I do not plan on attending the conference."		
Employee Signature	 Date	Employee Signature	 Date	
Wednesday October 5, 20: Keynote: (9:00-11:30) Dr Session 1: (1:15-2:45)				
Session 2: (3:00-4:30)				
Complimentary Lunch: v please make your own accommo Special Request		equest. If you require additional special dietary  Wednesday	needs,	
Thursday, October 6, 2016	_			
Keynote: (8:45-10:15) Den Session 1: (10:30-12:00)	ise Bissonnette 🗌 Yes 🗌 No			

"I will attend the conference sessions as indicated. I understand that CPI is paying for approx. 80% of my conference registration fee and if I do not attend, I must give 48 hours cancellation notice to my supervisor AND Bibiana Nertney (bibiana.nertney@mycpid.com). If I fail to give the necessary cancellation notice, I authorize Community Partnerships to deduct \$60 from my paycheck for each registered day of the conference I do not attend."

**Employee Signature** Date

Session 2: (1:45-3:15)

#### **For Supervisors Only:**

I have reviewed and approved this employee's schedule. I will notify conference staff if there are any changes.

Session 3 (3:30-5:00)

Signature of Supervisor

RETURN THIS FORM TO YOUR SUPERVISOR NO LATER THAN \_\_\_\_\_\_.

